

Our services make it easy!



NURSING SERVICES

On-staff registered nurse
Medication administration
Care coordination with personal physician
Certified nursing assistants



MEMORY CARE

Staff trained in dementia
Individualized engagement
Memory enhancement program
Safe and secure facility



RECREATION PROGRAMS

Daily exercise
Art and leisure activities
Modified sports
Concerts and Performances



MEALS

Nutritious lunch
Healthy snacks
Dietary monitoring



TRANSPORTATION

Door-to-door service
Walking/passenger assistance
Experienced drivers
Excellent safety record



CAREGIVER SUPPORT

Weekday respite until 3:30pm
Private counseling
Support groups



ACCOMPLISHMENTS/HONORS

Certification by the CT Association
of Adult Day Services
Certificate of National Merit
for Innovation
Award for Excellence from Greater
Norwalk Chamber of Commerce
Community Contribution Award
from SilverSource



A caring place for seniors. A caring place for the day.

Monday - Friday: 8:30am - 3:30pm

7 Lewis Street, Norwalk, CT 06851
Phone: 203-847-1998 Fax: 203-847-9176

elderhouse.org

ELDERHOUSE

ADULT DAY CENTER

A caring place for seniors. A caring place for the day.



**You made a promise to
care for your loved one
at home.**

**ElderHouse can help
you keep it.**

For most caregivers, being there when an older loved one needs you is a treasured family value. Providing care and support has many rewards and fulfills the promise to keep generations together under one roof. But as your loved one ages, caregiving can become challenging. Older adults can suffer from memory loss, physical impairment, isolation, the inability to perform activities of daily living and greater dependency on others.

ElderHouse provides support to aging seniors and their family caregivers. Our award-winning adult day program offers seniors full days of social engagement, enjoyable activities, nursing supervision and personal care at an affordable all-inclusive rate, while caregivers benefit from a few days a week away from caregiving duties.

Our Commitment

For over 45 years, families have counted on ElderHouse to help keep their oldest members living at home. Through a program of the highest quality services, supported by an unmatched staff tenure, ElderHouse has a proven track record of delivering what families need to keep their promises.

"ElderHouse provided comfort, care and kindness to my husband and me. I knew he was safe and cared for and he loved the people and center. It was a blessing at a time of difficulty and concern. I am forever grateful to everyone at ElderHouse."



Door-to-Door Transportation Included

ElderHouse serves Darien, New Canaan, Wilton, Westport, Weston and Norwalk. There are no additional fees to transport your loved one to and from our adult day center. Our experienced drivers have impeccable driving records and safely assist your loved one on and off our vans.

"Seeing friends at ElderHouse makes me happy."

Our Clients and Families Say:

97% rate us as excellent
98% regard our staff as kindhearted and warm
95% love the food

SENIORS

97% experience reduced stress
98% find our support programs helpful
96% referred ElderHouse to other caregivers

CAREGIVERS

An Affordable All-Inclusive Rate

What differentiates ElderHouse from other service providers is its affordable all-inclusive rate. We offer services two to five days a week including transportation, nursing care, medication administration, personal care, meals and activities in one daily fee. Compare us to home health care (\$25-\$30/hour) or assisted living facilities (\$5,000-\$10,000/month) and you'll find ElderHouse to be the most affordable.

Financial Assistance

As a not-for-profit, ElderHouse is open to those who need our services regardless of their ability to pay the full rate. We provide help in enrolling in state and local financial assistance programs and offer a sliding scale to those who qualify.

**Call for more information
and to schedule a complimentary
visit day at ElderHouse.
(203) 847-1998**

